

# GARDEN SPA MENU

Welcome to Babylonstoren Garden Spa. Our offering is inspired by the garden and guided by the seasons. Dishes are crafted from ingredients grown just steps away, bursting with farm goodness and wholesome flavour. Enjoy the purity of farm-to-fork dining, thoughtfully prepared for your wellness.

### DIDI'S VEGETABLE AND GRAIN BOWL $(G)(V)^*$ Freshly harvested and marinated fruits & veg

Freshly harvested and marinated fruits & vegetables, cooked grain of the day, fresh herbs and a garden-inspired dressing

#### MARIETTE'S FORAGE SALAD (G)(V)\*

Daily harvest salad of fresh vegetables, herbs and seasonal pickings, and a garden-inspired vinaigrette with your choice of

- Franschhoek smoked trout
- or marinated Elgin chicken
- or Alta's Babylonstoren water buffalo mozzarella

#### SOUP OF THE SEASON (V)

Fresh soup of the day that changes with the rhythms of the season

GARDEN WRAPS OR PEACHY'S FRESHLY BAKED

FOCACCIA
with your choice of

- Alta's water buffalo herb "hangop" cheese & smoked Franschhoek trout
- or sundried tomato pesto & Shelvin's farm charcuterie
- or hummus, roasted vegetables & Carin's garden herb pesto

#### SEASONAL PLATE (G)(V)\*

150

195

195

145

165

The best seasonal fruits & vegetables served with hummus

## HOMEMADE WATER BUFFALO GELATO OR SORBET (G)(V)

90

Inspired by seasonal garden flavours.

Should you have any special dietary requirements, please inform the waiter.

<sup>(</sup>g) can be served as gluten-free option on request

<sup>(</sup>v) vegetarian

<sup>\*</sup> can be served as vegan option on request

